Self-Boundaries
Boundaries, Part 5
October 9, 2022

Discussion Questions:

1. Healthy self-boundaries don't lead to less, but more. Read Ecclesiastes 2:10-11. Have you experienced a time in your life where you took or did whatever you wanted, but it left you feeling empty? Have you experienced receiving more in life when you've had self-control?

2. Read 1 Corinthians 10:13. In the first sentence, Paul states that there are no temptations one of us will experience that another has not. Have you kept your temptations in the dark because you feel like you're the only one struggling in that way? How does knowing you're not alone help give you courage to bring them to the light?

3. Continuing in 1 Corinthians 10:13, Paul says God is faithful and will always give us a way out. Have you ever thought about creating self-boundaries as a way to escape temptation?

4. Last week you discussed creating a spiritual boundary to help you grow in your relationship with God. Read John 3:30. In what area can you become more self-controlled and create room for God to become greater? What would that area of your life look like one year from now if you create room for God beginning today?