

Boulders and Backpacks
Boundaries, Part 2
September 18, 2022

Discussion Questions:

- 1.** Read Philippians 2:5-7. What current opportunity do you have to deny yourself in order to do for others what they cannot do for themselves? Let your group pray for you and hold you accountable to taking this step.
- 2.** Where are you acting as if boulders are your load to bear alone and hindering others from fulfilling Christ's command to help you? Read Galatians 6:2 and discuss ways that you can practically help carry the burdens of others in your small group.
- 3.** Read Galatians 6:4-5. In which part of life do you struggle with healthy boundaries? How can you take an inventory of your own actions and help determine if you're carrying your own load?
- 4.** Proverbs 3:5-6 gives insight regarding how faith can help us with boundaries. Are you carrying an item from someone else's backpack, due to fear or distrust that the Lord is able to make their path straight? How can you adjust or establish a boundary to prevent yourself from picking it up again?