

Boundaries Explained
Boundaries, Pt 1
September 11, 2022

Discussion Questions:

- 1.** Read Genesis 2:15-17. God tells us that life flourishes when there are healthy boundaries in place, but destruction and pain come from a lack of boundaries or from unhealthy boundaries. Where have you seen that to be true in your own life?
- 2.** Why can it be difficult to create boundaries? Why can we sometimes feel that we're not loving others like Jesus when we're creating boundaries? Had you previously thought about boundaries being created by God from the beginning?
- 3.** Read Titus 2:12. How does creating boundaries help us to live the life God has instructed us to live? Where might you need to create some boundaries? Discuss some practical ways you can implement boundaries where there currently aren't any.
- 4.** Discuss the unhealthy side of having too many boundaries and how you've personally experienced them. Where might you specifically need to lower or remove some? What are some benefits that can come from you doing so?